

# Government of Alberta ■

## Driver Fitness and Monitoring

### Guidelines for Return to Driving

In Alberta it is an individual's legal responsibility to advise Alberta Transportation, Driver Fitness and Monitoring of any changes in health that could affect a person's ability to safely operate a motor vehicle. This includes any type of medical and/or physical condition while operating a motor vehicle in any Class of licence.

The presence of a medical and/or physical condition does not necessarily mean that person's ability to drive will be restricted, however in order to determine the effect of any condition on ability of safely operate a motor vehicle, the department must review the related factors such as term of illness, treatment, or any medications required..

Driver Fitness and Monitoring has set the following guidelines based on the Canadian Council of Motor Transport Administrators (CCMTA) Medical Standards for Drivers, July 2006:

- Depending on your medical and/or physical condition, different waiting periods must be observed.
- A physician's assessment is required to be submitted to Driver Fitness and Monitoring for review. The necessary forms may be available in your physician's office and any Alberta Registry Agent office.
- Additional medical information may be requested by the Driver Fitness and Monitoring depending on the type of medical condition, recommendation from the physician, and class of licence by the licence holder.
- Once all documentation is submitted to Driver Fitness and Monitoring for review, the individual will be contacted by letter acknowledging receipt of information and advising the individual of the approval status and/or any other additional requirements.

Once the medical review to determine driver fitness has been initiated, failure to comply with the requirements may result in the suspension of a person's driving privileges as well as invalid vehicle insurance and registration. For any further information please contact Driver Fitness and Monitoring and ask to speak to a Reviewing Officer. In Edmonton, call 780- 427-8230 or in Alberta call toll free by dialing 310-0000 and then entering 780- 427-8230. Hours of operation are 8:15 am to 4:30 pm Monday to Friday. Alternately you can e-mail [Driver.Fitness@gov.ab.ca](mailto:Driver.Fitness@gov.ab.ca) or visit the department's website at [www.transportation.alberta.ca](http://www.transportation.alberta.ca)