



Driver Fitness and Monitoring

Guidelines for Return to Driving

In Alberta it is an individual's legal responsibility to advise Alberta Transportation, Driver Fitness and Monitoring of any changes in health that could affect a person's ability to safely operate a motor vehicle.

The presence of a medical and/or physical condition does not necessarily mean that person's ability to drive will be restricted, however in order to determine the effect of any condition on their ability to safely operate a motor vehicle, the department must review the related factors such as type of illness, treatment, or any medications required.. Driver Fitness and Monitoring follows the guidelines set out in the Canadian Council of Motor Transport Administrators (CCMTA) Medical Standards for Drivers.

- Depending on your medical and/or physical condition, different wait periods must be observed.
- A physician's assessment is required to be submitted to Driver Fitness and Monitoring for review. The necessary forms may be available in your physician's office and any Alberta Registry Agent office.
- Additional medical information may be requested by Driver Fitness and Monitoring depending on the type of medical condition, recommendation from the physician, and class of licence.
- Once all documentation is submitted to Driver Fitness and Monitoring for review, the individual will be contacted by letter acknowledging receipt of information and advising the individual of the approval status and/or any other additional requirements.

Once the medical review to determine driver fitness has been initiated, failure to comply with the requirements may result in the suspension of a person's driving privileges as well as invalid vehicle insurance and registration.

For further information please contact Alberta Transportation at 780- 427-8230, toll free by dialing 310-0000. Office hours are 8:15 am to 4:30 pm Monday to Friday.

Alternately you can e-mail Driver.Fitness@gov.ab.ca